



# PYMBLE CATHOLIC PARISH

**SACRED HEART & OUR LADY OF PERPETUAL SUCCOUR**

*Building a Christ-centred community of Love and Mercy*

*Pymble Parish is under the Pastoral care of the Salvatorian Fathers*

**CELEBRATING JUBILEE YEAR**



Go on your way.  
Your faith has saved you.

Luke 17:19



## Prayer of Gratitude and Healing

Lord Jesus,  
You saw the suffering of the ten and  
healed them with mercy.  
Yet only one returned to  
give You thanks.  
Help me to be like that grateful soul—  
mindful of Your blessings,  
faithful in thanksgiving,  
and humble in heart.  
  
Cleanse me of all that  
separates me from You.  
Make me whole not only in body,  
but in spirit.  
May my life be a living  
testimony of Your love,  
and may I never forget to return to You  
with praise and gratitude.

Amen.

## Baptisms at Pymble Parish



Our upcoming Baptism Formation  
Class will be held on:

**Sunday, 2 November 2025  
at 10:30am  
at Sacred Heart Church**

Bookings are essential, please  
contact the Parish office on  
9144 2702 or via email on  
[office@pymblecatholicparish.org.au](mailto:office@pymblecatholicparish.org.au)



**Pope Leo XIV's  
official prayer  
intention for  
October**

## For religious Dialogue and Peace

Let us pray that believers in different  
religious traditions might work  
together to defend and promote  
peace, justice and human fraternity.



## Prayer for the Intercession of Blessed Francis Jordan

Lord Jesus Christ, Saviour of the world, you called Francis  
Mary of the Cross Jordan to be your apostle, to make God  
known and loved by all people everywhere, using all the  
means your love inspires. You filled him with universal  
apostolic zeal, with a deep trust in God's loving providence,  
with a profound spirit of prayer, with a sincere devotion to  
Mary, Mother of the Saviour, and with the courage to  
follow you, even into the mystery of the Cross.

Grant also to me the grace to proclaim the Gospel in this  
spirit, and make me an effective apostle in today's world.

Through the intercession of Blessed Francis Jordan, I pray  
to you for my special needs (include your personal  
intention). I make this prayer through you, my Saviour, who  
lives and reigns with the Father and the Holy Spirit, forever  
and ever. Amen.

[www.sds.org.au](http://www.sds.org.au)

We welcome to Pymble Parish  
the newest members of  
our community



Venera

who will be baptised  
this weekend at our Parish.

**A warm welcome  
to all our  
Parishioners and  
visitors who are  
participating in  
Mass with us this  
weekend.**









WHAT’S ON IN OUR PARISH THIS WEEK

**Saturday, 11 October**  
*St John XXIII, pope (Optional)*  
*Mother of the Saviour (Salvatorian Feast Day)*  
9:00am Mass at OLPS with Morning Prayer (Breviary)  
11:00am Mass at SH followed by Rosary Crusade  
5:00pm Mass at OLPS for Yr 12 Students, followed by BBQ

**Sunday, 12 October**  
8:00am Mass at OLPS (quiet)  
9:30am Mass at Sacred Heart  
10:30am Baptism Formation Class  
5:30pm Reconciliation at Sacred Heart  
6:00pm Mass at Sacred Heart

**Tuesday, 14 October**  
*St Callistus I, pope, martyr (Optional)*  
9:00am Mass at Sacred Heart  
7:00pm Faith Formation Lectio: God  
7:30pm Charismatic Prayer Group

**Wednesday, 15 October**  
*St Teresa of Jesus, virgin, doctor (Memorial)*  
9:00am Mass at Sacred Heart  
7:00pm Parish Pastoral Council Meeting at OLPS  
7:00pm Pymble Men’s Fellowship Meeting

*The Rosary is recited after all weekday Masses at Sacred Heart Church and 9am Saturday Mass at OLPS*

**Thursday, 16 October**  
*St Hedwig, religious (Optional)*  
*St Margaret Mary Alacoque, virgin (Optional)*  
9:00am Mass at Sacred Heart

**Friday, 17 October**  
*St Ignatius of Antioch, bishop, martyr (Memorial)*  
9:00am Mass at Sacred Heart followed by Adoration and Litany to the Sacred Heart of Jesus  
10:00am Bible Study

**Saturday, 18 October**  
*St Luke, evangelist (Feast)*  
9:00am Mass at OLPS with Morning Prayer (Breviary)  
3:00pm First Eucharist Formation Class at SH (booking required)  
5:00pm Mass at OLPS for Yr 12 Students, followed by BBQ

**Sunday, 19 October**  
*World Mission Day*  
8:00am Mass at OLPS (quiet)  
9:30am Blessing of Pets Mass at Sacred Heart, followed by morning tea  
10:30am First Eucharist Formation Class at SH (booking required)  
10:30am Prayer Ministry at Sacred Heart  
5:30pm Reconciliation at Sacred Heart  
6:00pm Mass at Sacred Heart

Parish Prayer Zone

Praying for others gets our focus off ourselves and onto the needs of those around us. As we “carry each other’s burdens,” we “will fulfil the law of Christ” (Galatians 6:2). Praying for each other makes us stronger and helps us to grow our faith and Christian love.

**Recently Deceased:**  
Graham Lynch, Beulah Erin Wahab, Margaret Therese Eadie, Irene Buckley, Melissa Self, Jim Harrison, Joe Woods, Waleria Kołodziej, Dolly McCann, Fr Chris Riley, John Makepeace, Jerald D’Cunha, Philomena De Souza, Celeste Guerrera, Anne Maxworthy

**Death Anniversaries:**  
Paula Freeman, Constance & Elwyn Glazier, Judith English, Alfonso Fuente-Marchat, Victor Hugo Aguilera, Justin Whitehorse, Maria Piwowar, Carmel Nola Conway, John English, Manel Perera, Keith & Marie Burt, Tony Dixon, Clare Rogerson, Ranjan Fernando

**Prayers for the sick:**  
Jan Drobczyk, Janusz Czech, Elliot Leahy, Iris Garate-Marchant, Antonios Ghabach, Mrs Mary Sidaway, Pamela Seaman, Joseph Hendryjanto, Margaret Browne, Danny Ung, Ada Yu

**Weekly prayer intention:**  
This week we pray for the students who are preparing for their upcoming HSC exams. Fill them with wisdom and confidence in their abilities and grant them calm hearts and clear minds. May they feel Your loving presence supporting them and strengthen them through this challenge. Amen.


If you would like the names of your relatives to be included in the prayer list (anniversary of deaths, recently deceased, illnesses, wedding celebration or anniversaries, birthdays, etc.) please contact the Parish Office by midday each Wednesday. Remember that due to privacy policy, names of the sick can only be put on the bulletin with permission of the immediate family. This list will be updated every month and we would appreciate if we are advised of any updates. Thank you.

Serra Vocations Prayer Calendar-October 2025

Please pray daily for all clergy using the prayer provided on the side. Additionally, say a prayer each day for the priests listed in the calendar below .

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Bishop Anthony Randazzo	2 Bishop Emeritus David Walker	3 Bishop Emeritus Robert McGuckin	4 Fr Colin Blayney	5 Fr Stephen Hill
6 Fr Timothy Raj MSFS	7 Fr Alex Peter MSFS	8 Fr Vincent Lourduswamy MSFS	9 Fr Michael Belonio OSA	10 Fr Michael Sullivan OSA	11 Fr Jumbin Torres OSA	12 Fr John Zhang OSA
13 Father Van Tu Nguyen OSA	14 Fr Robert Borg	15 Fr Jim McKeon	16 Fr Aldrin Valdehueza	17 Fr Vince Casey Fr John Hill	18 Fr Greg Chee OCD	19 Fr Gerard Moran OCD
20 Fr Sunny Peackal OCD	21 Fr Restituto Ogsimer cs	22 Fr Jose Aliro Gutierrez cs	23 Fr Savino Bernardi cs	24 Deacon Roberto Corpuz	25 Deacon Richard Houwing	26 Deacon Adrian Gomez
27 Deacon Paul Simmons	28 Deacon Peter McCulloch	29 Deacon Kevin Hale Deacon Kevin McGregor	30 Fr Ireneusz Czech SDS	31 Fr Brendan Lee		

DAILY PRAYER  
FOR  
VOCATIONS



Heavenly Father, we praise You for Your goodness and thank You for Your gifts. Help us respond to and live out our mission in the Church. Assist all Your people to know their vocation in life and help them to prepare for it. Call many to be priests, deacons and consecrated men and women for Your greater glory, and for the service of Your people. Give those whom You call the grace to respond generously and to persevere faithful. We ask this through Christ our Lord. Amen.



## CALLING ALL FLOWER LOVERS

We're looking for volunteers to help decorate Sacred Heart Church with beautiful flowers.

No experience needed—just a love of blooms and a touch of creative flair!

If you enjoy arranging, styling, or simply being around flowers, we'd love to have you join us.

Please contact the Parish Office if you're interested or want to learn more!

## Do you have a bottle of wine at home?



Do you have a bottle of wine at home that you'd be happy to donate? We're collecting wine for our raffle at the upcoming Parish Trivia Night, and your contribution would be greatly appreciated!

Please drop off donations at the Parish Office or bring them to Mass this weekend. There'll be a box at the back for collection.

Thank you for your generosity and support!

## LECTIO: GOD

What do we mean when we say "God"?



### Invitation


You are invited to join our nine part series **What do we mean when we say "God"?** with Elizabeth Klein

### Topics

The series topics include:

- I Am Who I Am
- The Lord Our God is One
- The Likeness of the Glory of the Lord
- The Love of God
- Who is Jesus Christ?
- One God in Three Persons
- I and the Father Are One
- God is Love
- Question and Answer

For further information:

 (02) 9144 2702

PYMBLE CATHOLIC PARISH  
2 RICHARD PORTER WAY PYMBLE

### Context

Misconceptions about God abound, even among Christians, and these misconceptions can become obstacles in our relationship with God. Join Assistant Professor Elizabeth Klein for a study of Scripture that will lead to a clearer awareness of who God is, and equipping you to share with others.

### Join In

Please join in with this opportunity to learn, share your thoughts and to get to know others in our Parish community.

7pm alternate Tuesday evenings  
Sacred Heart Church Pymble  
Next event 14 October 2025

### Elizabeth Klein

Dr Klein specialises in the writings of St Augustine. She completed her PhD from the University of Notre Dame in 2016, and joined the Augustine Institute in 2017.



## IS GOD CALLING YOU TO MAKE A DIFFERENCE IN VOCATIONS MINISTRY?



### SERRA VOCATIONS MASS AND DINNER MEETING

THURSDAY, 23 OCTOBER 2025

AT SACRED HEART CHURCH PYMBLE

COMMENCING WITH MASS AT 6:30 PM

Our Mass Celebrant will be Father Lukasz Kleczka SDS, Assistant Priest at Pymble Catholic Parish. After dinner, Father will speak to us about Blessed Francis Jordan and his vocation journey from Poland to New Jersey USA and Sydney.

Everyone is welcome, so please come and see.

Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians, novices, and for the residence of Joseph House Discernment Centre. Please also pray for the perseverance of existing vocations.

For catering purposes kindly telephone Anna Leung on **0478 083 116** or email [annaytleung@yahoo.com.au](mailto:annaytleung@yahoo.com.au) or telephone Terry Scanlan on **0438 887 295** or email [terry\\_scanlan@bigpond.com](mailto:terry_scanlan@bigpond.com) if you are planning to attend.

### Food Containers Left Behind

We have many food containers left behind in the Kitchenette at Sacred Heart Church from our many recent social events recently. Please check if any of them are yours and take them home to help us keep the space tidy. Thank you!

# YEAR 12 Invitation

## All Year 12 Students

Year 12 students and their families are invited to come together at Mass to celebrate the Year 12 work and preparation for the coming HSC exam period.

Mass will be followed by a BBQ, please bring a plate/drinks to share. For further information please contact Louise Johnston at 0413 137 534.

5pm, Saturday, 11 October 2025

Our Lady of Perpetual Succour Church  
64 Kendall Street West Pymble | 02 9144 2702



# BLESSING OF THE ANIMALS



Sunday, 19 October 9:30am  
Sacred Heart Church, Pymble

*In celebration of the Feast of St Francis of Assisi, the Patron Saint of Animals, we will be celebrating a special Mass for our pets and their owners. Please join us!*

*We will commence the day with a Mass at Sacred Heart Church, followed by the Blessing of good health and wellbeing of our furry friends outside the Church following Mass.*

*All animals must be leashed or in a crate, and must remain outside of the Church building at all times. If your beloved animal is unable to make it, you're welcome to bring a photo of them for a blessing.*

*We'll be having a special morning tea following the Special Mass. Everyone is welcome!*

## Are you looking for a new way to give back to the Community?

We have a real shortage of volunteers teaching scripture classes to Catholic children in public schools in our local area. As baptised Catholics, we are called to share the Good News of Jesus Christ, and one of the most rewarding ways to fulfil this call is to be part of the Catechist Team at our Parish. Classes run weekly for 30 minutes during term time, and all teaching materials are provided. If you would like more information, please contact Rebecca at [Rebecca@pymblecatholicparish.org.au](mailto:Rebecca@pymblecatholicparish.org.au) or the Parish Office.

# Fr Rozo Palić

You are invited to join with Croatian-born Fr Rosario (Rozo) Palić speaking on the power of God's love, a progression to holiness and healing. Fr Palić is visiting from Clonmel, Tipperary, Ireland.

9:00am  
Mass, Talk, Healing

Sacred Heart Church  
2 Richard Porter Way  
Pymble



FRIDAY  
24 OCTOBER  
2025

TRIVIA NIGHT AND ONLINE AUCTION

PYMBLE CATHOLIC PARISH

# TRIVIA NIGHT

## PYMBLE TRIVIA

INVITATION TO DONATE GIFTS AND PRIZES THAT CAN BE  
RAFFLED AT THE PARISH TRIVIA NIGHT AND ONLINE AUCTION  
ON SATURDAY, 8 NOVEMBER 2025.

### ARE YOU ABLE TO HELP?

Typical donations could include:

- Wines, spirits
- Homewares, Electrical Goods
- Non-perishable gourmet foods (that can contribute to hampers)
- Hampers complete
- Restaurant or Store Vouchers
- Family Experiences
- Vouchers for services that your business offers, e.g. cleaning, hairdressing, tutoring, physio, massages

Donations may be delivered to any of the weekend Masses or the parish office. Please contact the parish office for further information.

02 9144 2702

[www.pymblecatholicparish.org.au](http://www.pymblecatholicparish.org.au)



## The Salvatorians in Pymble 25 Year Anniversary

Twenty five years ago, the Salvatorians arrived in Pymble. Over those 25 years, 13 Polish priests have served here living with us in Pymble. We all have memories of those times. We would like to capture some of those memories - photographs or brief comments on your time with our Salvatorians. The intention is that we will publish a short booklet containing a selection of these memories. **Can you help?**

If you have memorable photographs, or brief stories of your contact with the Salvatorians that you would like to share, then please pass them on to the Parish office.



Please submit electronic material via the link below. Photographs should be JPG or PNG files, and written material should be TXT or Microsoft Word files. Not all submissions will be able to be published.



For further information, please contact the Parish office.

Please send submissions via: [tinyurl.com/mr4x5e9r](https://tinyurl.com/mr4x5e9r)

02 9144 2702 | [www.pymblecatholicparish.org.au](http://www.pymblecatholicparish.org.au)





# Liturgy of the Word

## Twenty-Eighth Sunday in Ordinary Time

Year C

**Entrance Antiphon**

If you, O Lord, should mark iniquities,  
Lord, who could stand?  
But with you is found forgiveness,  
O God of Israel.

**First Reading     2 Kings 5: 14-17**

**A reading from the second book of the Kings**

Naaman the leper went down and immersed himself seven times in the Jordan, as Elisha had told him to do. And his flesh became clean once more like the flesh of a little child.

Returning to Elisha with his whole escort, he went in and stood before him. ‘Now I know’ he said, ‘that there is no God in all the earth except in Israel. Now, please, accept a present from your servant.’ But Elisha replied, ‘As the Lord lives, whom I serve, I will accept nothing.’ Naaman pressed him to accept, but he refused. Then Naaman said, ‘Since your answer is “No,” allow your servant to be given as much earth as two mules may carry, because your servant will no longer offer holocaust or sacrifice to any god except the Lord.’

**Responsorial Psalm   Ps 97: 1-4 R. v2**

**(R.) The Lord has revealed to the nations his saving power.**

- 1. Sing a new song to the Lord for he has worked wonders. His right hand and his holy arm have brought salvation. **(R.)**
- 2. The Lord has made known his salvation; has shown his justice to the nations. He has remembered his truth and love for the house of Israel. **(R.)**
- 3. All the ends of the earth have seen the salvation of our God. Should to the Lord all the earth, ring out your joy. **(R.)**

**Second Reading     2 Timothy 2: 8-13**

**A reading from the first letter of St Paul to Timothy**

Remember the Good News that I carry. ‘Jesus Christ risen from the dead, sprung from the race of David’; it is on account of this that I have my own hardships to bear, even to being chained like a criminal – but they cannot chain up God’s news. So I bear it all for the sake of those who are chosen, so that in the end they may have the salvation that is in Christ Jesus and the eternal glory that comes with it.

Here is a saying that you can rely on:

If we have died with him, then we shall live with him.  
If we hold firm, then we shall reign with him.  
If we disown him, then he will disown us.

We may be unfaithful, but he is always faithful, for he cannot disown his own self.

**Gospel Acclamation   1 Thessalonians 5: 18**

*Alleluia, alleluia!*  
For all things give thanks to God, because this is what he expects of you in Christ Jesus.  
*Alleluia!*

**Gospel     Luke 17: 11-19**

**A reading from the holy Gospel according to Luke**

On the way to Jerusalem Jesus travelled along the border between Samaria and Galilee. As he entered one of the villages, ten lepers came to meet him. They stood some way off and called to him, ‘Jesus! Master! Take pity on us.’ When he saw them he said, ‘Go and show yourselves to the priests.’ Now as they were going away they were cleansed. Finding himself cured, one of them turned back praising God at the top of his voice and threw himself at the feet of Jesus and thanked him. The man was a Samaritan. This made Jesus say, ‘Were not all ten made clean? The other nine, where are they? It seems that no one has come back to give praise to God, except this foreigner.’ And he said to the man, ‘Stand up and go on your way. Your faith has saved you.’

**Gospel Reflection**

**Meditation:** What can adversity teach us about the blessing of thanksgiving and the healing power of love and mercy? The Book of Proverbs states: A friend loves at all times; and a brother is born for adversity (Proverbs 17:17). When adversity strikes you find out who truly is your brother, sister, and friend. The Gospel records an unusual encounter between two peoples who had been divided for centuries. The Jews and Samaritans had no dealings with one another even though Samaria was located in the central part of Judea. Both peoples were openly hostile whenever their paths crossed. In this Gospel narrative we see one rare exception - a Samaritan leper in company with nine Jewish lepers. Sometimes adversity forces people to drop their barriers or to forget their prejudices. When this band of Jewish and Samaritan lepers saw Jesus they made a bold request. They didn't ask for healing, but instead asked for mercy.

**Mercy is heartfelt sorrow at another's misfortune**

The word mercy literally means "sorrowful at heart". But mercy is something more than compassion, or heartfelt sorrow at another's misfortune. Compassion empathizes with the sufferer. But mercy goes further - it removes suffering. A merciful person shares in another's misfortune and suffering as if it were his or her own. And such a person will do

everything in his or her power to dispel that misery.

Mercy is also connected with justice. Thomas Aquinas (1225-1274), a great teacher and scripture scholar, said that mercy "does not destroy justice, but is a certain kind of fulfilment of justice. ..Mercy without justice is the mother of dissolution; (and) justice without mercy is cruelty." Pardon without repentance negates justice.

**God's mercy brings healing of mind, heart, and body**

So what is the significance of these ten lepers asking for mercy? They know they are in need of healing, not just physical, but spiritual healing as well. They approach Jesus with contrition and faith because they believe that he can release the burden of guilt and suffering and make restoration of body and soul possible. Their request for mercy is both a plea for pardon and release from suffering. Jesus gives mercy to all who ask with faith and contrition.

Why did only one leper out of ten return to show gratitude? Gratefulness, another word which expresses gratitude of heart and a thankful disposition, is related to grace—which means the release of loveliness. Gratitude is the homage of the heart which responds with graciousness in expressing an act of thanksgiving. The Samaritan approached Jesus reverently and gave praise to God.

**Ingratitude leads to lack of love and kindness, and intolerance towards others**

If we do not recognize and appreciate the mercy and help shown to us we will be ungrateful and unkind towards others. Ingratitude is forgetfulness or a poor return for kindness received. Ingratitude easily leads to lack of charity and intolerance towards others, as well as to other vices, such as complaining, grumbling, discontentment, pride, and presumption. How often have we been ungrateful to our parents, pastors, teachers, and neighbours? Do you express gratitude to God for his abundant help and mercy towards you and are you gracious, kind, and merciful towards your neighbour in their time of need and support?

**Lord Jesus, may I never fail to recognize your loving kindness and mercy towards me. Fill my heart with compassion and thanksgiving, and free me from ingratitude and discontentment. Help me to count my blessings with a grateful heart and to give thanks in all circumstances.**

© Servants of the Word 2025

To access Fr Irek’s homily on YouTube, please scan the QR code:



Pymble Parish Roster - 18 & 19 October 2025		
Sacred Heart (Pymble)	Sunday 9:30am	Sunday 6pm
Acolytes	E Leahy	J Starnawski
Altar Servers	A Down / J Komarzyniec	W Rusak
Readers	D Fung / W Yu	E Thomas / L Joshi
Altar Society	18 October: Maria	
Counters	19 October: P Ward / T Ryan / M Tang	
OLPS (West Pymble)	Saturday 5:00pm	Sunday 8:00am
Acolytes	J Pease	J Walton
Altar Servers	William & Magdalene	Volunteers needed
Readers	E & Z Victor	L Johnston / R Millane
Altar Cloth	18 October: A Glover	

Children's Corner



When are some of the times when you can ask Jesus for help?

Fill in the missing letters, then match them up by number in the large boxes to reveal the message of this story.

- Jesus was on h<sub>2</sub>s way to Jeru<sub>10</sub>alem.
- Te<sub>8</sub> lepers asked Jesus to take pi<sub>5</sub>y on them.
- Jesus told them to s<sub>6</sub>ow themselves to the pri<sub>4</sub>sts.
- One of the men disco<sub>3</sub>ered he was heale<sub>15</sub>, and returned to Jesus, giving praise to <sub>1</sub>od.
- He b<sub>12</sub>wed down at Jesus' fee<sub>11</sub> and than<sub>9</sub>ed him.
- Jesus then told him, "et up and g<sub>14</sub>. Your f<sub>7</sub>ith has made you well."

1

2

3

4

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7

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14

15

If you have faith the size of a mustard seed, you would say to this fig tree, “Be uprooted and planted in the sea,” and it would obey you. (Luke 17:6)

Small actions can make a big difference. A steady drip of water over a long period of time can wear a hole through solid rock. One shovel full of dirt at a time can make a hole big enough to plant a tree. Everyday acts of kindness can soften the hardest hearts. Our faith might seem small sometimes. Our actions might not seem to matter. But God is great! God can draw together our everyday sparks of love into roaring flames that light up the world.

Jesus, help me do small things with great love.



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Contact the Parish Office  
02 9144 2702  
[office@pymblecatholicparish.org.au](mailto:office@pymblecatholicparish.org.au)

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# Parish Safeguarding

Dear Parishioners,

We take our responsibility to safeguard the vulnerable, whether they be children, the young, the elderly or the disabled very seriously. We work to ensure that no one is taken advantage of within our Parish.

If you have any concern about the treatment of a child, young person or anyone within our parish environment, please approach myself directly or Claudia within the parish office on 02 9144 2702.


Alternatively, you may wish to contact Pamela Sweeney, Safeguarding Manager (Chancery & Churches) on 02 8379 1651.

Yours in Christ,

Fr Ireneusz Czech SDS

# Children, the young, and the vulnerable must be safe

Supported by adults who ...



### CARE

for us as we are a precious gift from God

### RESPECT

our rights, abilities, contributions, needs and wishes

### ASK

us how we are feeling and what we are thinking, ask us what we need

### LISTEN

to what we are really saying

### TELL

us about dangers – and what's being done to protect us

### SEE


what other adults are doing, and how they are behaving

### DO

what they are supposed to do and what they say they will do

### STEP UP AND SPEAK OUT

when we are being hurt, bullied or treated badly.



**"Christ has no hands, no feet on earth but yours. Yours are the eyes through which he looks with compassion on this world."**

- attributed to St Teresa of Ávila



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